

April 2026 | Highlands at Aero Park

HIGHLANDS

Happenings

IN THIS ISSUE

Spotlight Activities and Events	3
Fun Facts About Rainbows	8
Spring Mix Salad	9



**HIGHLANDS
COMMUNITIES**
Apartments & Townhomes 55+

Welcome to the Highlands Happenings Table of Contents

Past Activities & Events	2	Just For Fun	8
Upcoming Events	3	What's Cooking	9
Resident Reminders	4	Contact Information	10
Welcome & Celebrations	5	On-Site & Local Services	11
Activity Calendar	6 - 7	Check It Out	12

PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



French Countryside Brunch

WEDNESDAY, APRIL 8TH AT 11:00 AM | COMMUNITY ROOM

Join us for brunch! Ally's Bistro will cater quiche lorraine, veggie quiche; breakfast potatoes; sausage, fruit tarts, and juice. Enjoy rustic touches and warm company as we bring the relaxed beauty of the French countryside right to you. We'd love to see you there! **\$13 per person. RSVP by Friday, April 3rd**



Singer, Eric Diamond

THURSDAY, APRIL 16TH AT 3:00 PM | COMMUNITY ROOM

Join us for an unforgettable night with Eric Diamond—the electrifying Neil Diamond tribute artist who brings the legendary hits to life! Get ready to sing, sway, and sparkle in a show that dazzles from start to finish! **\$5 per person. RSVP by Monday, April 13th**



BBQ Bash

THURSDAY, APRIL 23RD AT 12:00 PM | COMMUNITY ROOM

Sink into the smoky goodness of Wilma's Smokehouse! Join us for a mouthwatering BBQ lunch loaded with rich flavors, slow-smoked perfection, and all your favorite fixings. Come hungry—leave happy! **\$15 per person. RSVP by Friday, April 17th**



Make Your Own Shadow Box

THURSDAY, APRIL 23RD AT 3:00 PM | AVIATION LOUNGE

Join us for a fun craft event with shadow boxes, dried flowers, stickers, and fun stationery. All supplies are provided, and you're welcome to bring a small personal item to make your design even more meaningful. We can't wait to craft with you! **\$10 per person. RSVP by Friday, April 17th**



Kentucky Derby Mixer

THURSDAY, APRIL 30TH AT 3:00 PM | COMMUNITY ROOM

Join us for the 152nd Run for the Roses! Dress up in your best attire—hats encouraged—while enjoying mint juleps, mimosas, and appetizers. Bring friends and neighbors for a fun time! Enter our Best Hat and Best Dressed contests for a chance to win prizes! **\$7 per person. RSVP by Friday, April 24th**

*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6 - 7.*

RESIDENT REMINDERS



April in Wisconsin; where you can wear shorts, snow boots, and a raincoat all before lunch.



Congratulations!

Who won \$100?



This month's winner of our \$100 lease renewal drawing is Merlita A.



Muddy Season

PLEASE BE COURTEOUS

As we move into the warmer days of Wisconsin spring, things can get muddy quickly! Please remember to wipe your feet and your pet's paws before re-entering the building to help keep hallways and common areas clean. Thank you for helping us keep our shared spaces fresh and welcoming.



Courtyard Entries

SAFETY REMINDER

Please note that if there is no sidewalk leading to the courtyard entry doors, these are not to be used as an exit or entrance, these are emergency exits only.

Thank you for your cooperation.

Parking Lots & Thawing Ground

USE CAUTION

Spring thaw can cause soft ground, puddles, and shifting surfaces in parking areas, driveways, and sidewalks. Please use caution when navigating these areas. Please avoid cutting corners short and driving on any grass or unpaved areas. This helps prevent ruts and damage to the landscape as it gets ready to green up for the season.

Spring Cleaning

THE EASY WAY

As the days get brighter and the air a little softer, spring offers the perfect excuse for a fresh start. A few simple resets—opening windows for a breeze, donating items you no longer use, or wiping down a shelf you walk past every day—can make your home feel lighter and more welcoming. Spring cleaning doesn't have to be a marathon; think of it as giving your space a gentle refresh. Even one small tidy-up can bring a big sense of accomplishment!

Return The Carts For Others To Use

A FRIENDLY REMINDER

Please be courteous to your neighbors and return the community shopping carts and flatbeds to their designated area immediately after you are finished using them. We appreciate your cooperation.

Additional April Events

JOIN THE FUN THIS MONTH

Intro to Pilates Class & Information Orientation | Fitness Center

This event is capped at 12 participants.

Thursday, April 9th at 11 am | This event is free. RSVP by April 6th

Singer, Brian Leffin | Community Room

Thursday, April 9th at 3 pm | \$5 per person. RSVP by April 6th

Orange Shoe Fitness Events | Fitness Center

Friday, April 10th at 10 am Intro to Yoga & 10:30 am Chair Yoga | This event is free. RSVP by April 6th

Presentation: Historic Milwaukee | Aviation Lounge

Friday, April 17th at 11 am | This event is free. RSVP Not Needed

Mason the Magician | Community Room

Monday, April 20th at 4 pm | \$4 per person. RSVP by April 17th

Singers, Janice & Joe | Community Room

Wednesday, April 22nd at 2 pm | \$5 per person. RSVP by April 17th

FEATURED EVENT

Story Night - The Best Advice

MONDAY, APRIL 27TH AT 6:00 PM | AVIATION LOUNGE

Join us for an easygoing evening of shared wisdom and heartfelt moments. We want to know what the best advice you've ever received - we'll provide gentle table prompts, light snacks, and a welcoming space where everyone can reflect and share at their own pace. No pressure—just good conversation, warm company, and stories that inspire. We'd love to have you there! **This event is free. RSVP Not Needed**



Spring is the season of muddy shoes, happy moods, and neighbors reappearing from hibernation.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

HIGHLANDS COMMUNITIES
APRIL 2026 ACTIVITIES

			1	2	3	4
			PASSOVER BEGINS 10:30 am Chair Yoga 1 pm Nickel Bingo 3 pm Mahjong 6:30 pm Canasta & Cards	9:30 am Bridge 6:30 pm Mahjong & Card	GOOD FRIDAY 10:30 am Chair Yoga 1 pm Letter Writing Station	6:30 pm Chinese Mahjong Holy Saturday National Love Our Children Day
5	6	7	8	9	10	11
Easter Sunday	10:30 am Chair Yoga 1 pm Sheepshead 3 pm Cribbage 6 pm Bingo 6 pm Cards	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 2:30 pm Beginner Line Dancing Class 6:30 pm Cards	10:30 am Chair Yoga 11 am French Bistro Brunch 3 pm Mahjong 6:30 pm Canasta & Cards	PASSOVER ENDS 9:30 am Bridge 11 am Intro to Pilates Class & Orientation 3 pm Singer, Brian Leffin 6:30 pm Mahjong & Cards	10 am Orange Shoe Fitness, Intro to Yoga 10:30 am Orange Shoe Fitness, Chair Yoga 11 am Water Aerobics	6:30 pm Chinese Mahjong National Clean Up Your Pantry Day National Pet Day
12	13	14	15	16	17	18
National Grilled Cheese Sandwich Day	10:30 am Chair Yoga 1 pm Sheepshead 1 pm - 4 pm: Sew Much Fun 3 pm Cribbage 4 pm & 4:45 pm Drum Fit Cardio 6 pm Cards	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 2:30 pm Beginner Line Dancing Class 3 pm Medicaid Presentation 6:30 pm Cards	10:30 am Chair Yoga 1 pm Nickel Bingo 3:00pm Mahjong 6:30 pm Canasta & Cards	9:30 am Bridge 11 am Travel Talk with Marilyn Smits 3 pm singer, Eric Diamond 6:30 pm Mahjong & Cards	10:30 am Chair Yoga 11 am Historic Milwaukee Presentation 3 pm Birthday & Anniversary Celebration	6:30 pm Chinese Mahjong World Heritage Day Husband Appreciation Day
19	20	21	22	23	24	25
6:30 pm Book Club "Braiding Sweetgrass" by R. Kinmerer National Dog Parent Appreciation Day	10:30 am Chair Yoga 1 pm Sheepshead 3 pm Cribbage 4 pm Mason the Magician 6 pm BUNCO 6 pm Cards	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 2:30 pm Beginner Line Dancing Class 6:30 pm Cards	EARTH DAY 10:30 am Chair Yoga 2 pm Singers, Janice & Joe 3 pm Mahjong 6:30 pm Canasta & Cards	9:30 am Bridge 12 pm Lunch catered by Wilmas BBQ 3 pm Shadowbox Craft 6:30 pm Mahjong & Cards	ARBOR DAY 10:30 am Chair Yoga 11 am Water Aerobics	6:30 pm Chinese Mahjong Hairstylist Appreciation Day
26	27	28	29	30		
Get Organized Day	10:30 am Chair Yoga 1 pm Sheepshead 1 pm - 4 pm Sew Much Fun 3 pm Cribbage 6 pm Story Night	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 6:30 pm Cards	10:30 am Chair Yoga 2 pm Walking Group & Spring Scavenger Hunt 3 pm Mahjong 6:30 pm Canasta & Cards	9:30 am Bridge 3 pm Kentucky Derby Mixer 6:30 pm Mahjong & Cards		

JUST FOR FUN



If April had a motto in Wisconsin, it would be: "Hope for sunshine, plan for slush."



Fun Facts About Rainbows

Rainbows occur when sunlight passes through raindrops, bending (refracting), reflecting inside the drop, and exiting at a different angle. This process splits the light into its different colors: red, orange, yellow, green, blue, indigo, and violet.

A rainbow is actually a full circle, but we usually only see an arc due to the ground blocking the bottom half. And yes—double rainbows are real! They form when light reflects twice inside the raindrop, creating a fainter, reversed second arc.



Back Then In History

April 22, 1970 marked the first Earth Day, when over 20 million Americans rallied to raise awareness about environmental issues. Sparked by growing concerns over pollution and conservation, Earth Day united people across political and social lines. The event helped lead to the creation of the Environmental Protection Agency later that year. Now a global movement, Earth Day continues to inspire individuals and communities to protect and preserve our planet.



Top Ten

RAINY DAY ACTIVITIES

Rainy days can be cozy and relaxing with the right mood and a little creativity indoors. They are also a great time to reset and relax with your favorite snack and music.

1. Watch an old favorite movie
2. Bake cookies
3. Declutter a closet
4. Build a blanket fort
5. Listen to a podcast
6. Do a craft
7. Write a letter
8. Practice yoga
9. Try a new playlist
10. Take a nap

Rain Reset!

WHAT'S COOKING

Spring Mix Salad

This easy green salad features a fresh spring mix tossed with a bright, homemade lemon balsamic dressing. Crisp, colorful, and full of flavor, it's a simple way to add freshness to your table. Whether you're serving it alongside a hearty entrée or enjoying it on its own for a light lunch, this salad is the perfect complement to any meal.



INGREDIENTS

Salad Dressing:

- 3 tbsp balsamic vinegar
- 2 tbsp fresh lemon juice
- 1 clove garlic, minced
- 1 tsp kosher salt
- ½ tsp black pepper
- ¼ cup extra virgin olive oil

For the Salad:

- ½ red onion, thinly sliced
- 5 oz spring mix
- 1 cup cherry tomatoes, halved
- 1 medium cucumber, peeled and sliced
- 2–3 small radishes, sliced
- ½ cup sunflower seeds, pumpkin seeds, walnuts, or sliced almonds
- ½ cup crumbled goat cheese or feta (optional for vegan)

STEP 1: Whisk all dressing ingredients together in a bowl.

STEP 2: Soak red onion slices in hot tap water for a few minutes, then drain.

STEP 3: In a large bowl, combine spring mix, tomatoes, cucumber, and onion.

STEP 4: Drizzle dressing over and toss gently to coat.

STEP 5: Top with seeds and crumbled cheese. Serve immediately.

MAKE-AHEAD TIP: Store dressing and salad ingredients separately in airtight containers up to 2 days; toss just before serving. Once mixed, salad stays fresh up to 1 day but may wilt.

Source: FoolProofLiving.com

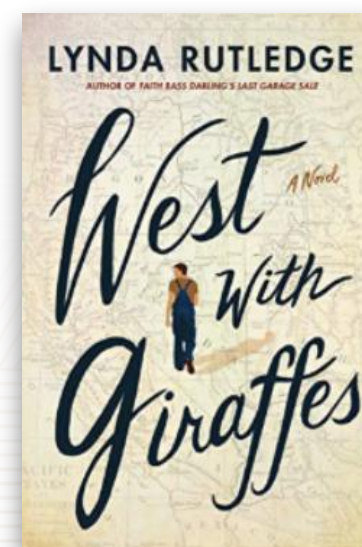
Healthy & Delicious!

Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

West With Giraffes by Lynda Rutledge

Inspired by a true story, this charming historical novel follows two giraffes and the unlikely trio escorting them across Depression-era America. The road trip is full of unexpected friendships, small-town encounters, and heartfelt reflections. Told with wit and wonder, it's an easy, satisfying read for fans of quirky history and animal stories.



CONTACT INFORMATION

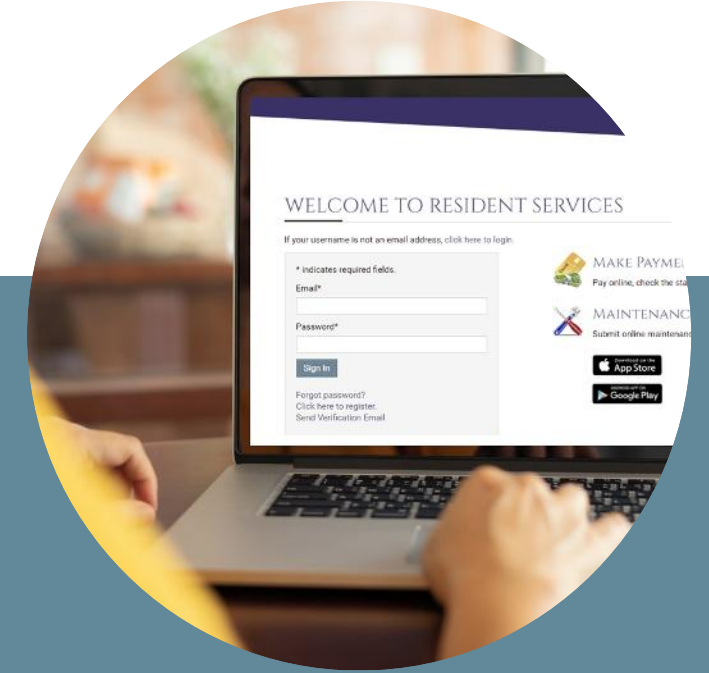


Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

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Evenings & Weekends (The AnSer)
(800) 263-6148

MAINTENANCE TEAM
Chris Braith

HOUSEKEEPING TEAM
Nivea Shepherd

Spring has sprung!

Community Engagement Coordinators

Nancy Bruening

Deborah Remshak

Celebrate Moments that Matter ENJOY MEANINGFUL MOMENTS TOGETHER

This April, we'll Celebrate Moments that Matter with a month of connection, creativity, and shared stories. Each event will give our community a chance to slow down, express gratitude, and enjoy meaningful moments together.

Join Us Each Week For:

Be Your Own Barista - Our self-service coffee bar in the main lobby is open 24/7, offering a wide variety of hot beverages. Enjoy convenient, self-serve coffee, espresso, tea, and more—any time you need a boost.

Yoga & Stretching- Stay active by joining our group classes every Monday, Wednesday & Friday at 10:30 am in the Fitness Studio. Orange Shoe Fitness - held on Tuesdays at 12:15 pm.

Spring Scavenger Hunt

WEDNESDAY, APRIL 29 AT 2 PM | MAIN LOBBY

Get ready to welcome the season with adventure! Join our walking group for a lively Spring Scavenger Hunt as we explore the neighborhood together, spotting colorful signs of spring, fun surprises, and playful finds along the way.

This event is free. RSVP Not Required

Onsite Services

Pool Hours

Open: 5 am - 12 pm
Closed: 12 pm - 1 pm
For Daily Maintenance
Open: 1 pm - 10 pm

The pool temperature is regulated at 80 to 84 degrees.



Aero Park Wellness Spa

4TH FLOOR | WEST ENTRANCE

The Aero Park Wellness Spa offers a variety of services from different professionals. Below is a list of services and contact information.

Rejuvenize Facial Massage: Kara Wilde, LMT, 414-534-0245
Service & Pricing: Massage therapy, facials, price range \$45-\$115

Leick Physical Therapy: Melissa Leick, PHD in Physical Therapy, 262-309-4870
Services & Pricing: Trigger Point Dry Needling and Class IV Laser Therapy, \$100/hour

Rebalance Massage Therapy: Nicole Krell, LMT 262-295-7626
Services & Pricing: Massage therapy, \$85-\$130

Reiki: Chris Kramer, Reiki Master, Energy Healer, and Board Certified Functional Wellness Coach, ckramercoaching@gmail.com or 414-719-6634
Services: \$40 to \$125

Local Services

Spectrum Cable

HOTLINE
(855) 895-5302

WE Energies

HOTLINE
(800) 242-9137

Senior Shuttle-Johnson Bus

HOTLINE
(262) 251-4230

Menomonee Falls City Hall

PHONE
(262) 532-4200

Celebrate Good Times

**FRIDAY, APRIL 17TH AT 3 PM
COMMUNITY ROOM**

IT'S CELEBRATION TIME

Be our guest as we celebrate April's special moments! Join us for cake, coffee, and joyful company as we honor all April Birthdays and Anniversaries. Let's gather, connect, and celebrate together.

This event is free. RSVP Not Needed



CHECK IT OUT

Community Newsletters Online HIGHLANDS HAPPENINGS

You can view this edition of your Highlands Happenings newsletter and newsletters from our other Highlands Communities simply by visiting their respective websites. Each website has a "Newsletter" page where you'll find current and archived newsletters. Start reading online today!



Help Us To Better Help You RESIDENT SERVICES OFFICE VISITS

To ensure we can address your needs promptly and thoroughly, we kindly ask for your support in two ways:

For in-person visits:

- Please schedule an appointment whenever possible.
- If visiting without an appointment, limit conversations to 5 minutes or less for non-urgent matters.

For non-urgent questions:

- Submit detailed requests via email or voicemail. This helps us respond efficiently and identify common topics for future resources.

These steps allow our team to dedicate focused attention to walk-ins and appointments while managing essential behind-the-scenes tasks that benefit our entire community.

Thank you for partnering with us to enhance service for all residents.

*We appreciate your understanding
and cooperation!*

Arden Property Group Portfolio of Communities HIGHLANDS COMMUNITIES AND PARAGON PLACE PROPERTIES

Interested in learning more about other communities in our portfolio? Visit our website at ArdenPropertyGroup.com.

Know someone who may be interested in moving to the Highlands Communities or Paragon Place Properties, refer them to any of the properties in our portfolio to earn a Refer A Friend bonus.

Highlands Communities 55+:

Brookfield	Appleton
Menomonee Falls	Neenah
Mequon	De Pere
New Berlin	Winneconne
Franklin	Weston

Paragon Place Properties:

Madison
Middleton

We appreciate your referrals and look forward to meeting your friends & family!